

**OBJECTIVE:** To get the student to see how being in a group or clique can influence his/her attitude and behavior.

**ACTIVITY:** I. Tell the class that you would like them to participate in a little experiment, then do the following: split the class, and on one side of the class put one student and on the other side of the class put the rest of the class. **NOTE:** "When selecting the student that will be alone, make sure you choose a student that is willing to do the activity and has a strong ego." Then tell the group of students that they are forming an exclusive club and they must decide on a code of behavior, or rules that all the members in the group must follow. Have them decide the following 10 factors:

1. What type of clothing they are to wear?
2. What type of music should they listen to?
3. How will they spend their weekends?
4. Where shall they hangout in school?
5. How much time should they spend doing schoolwork?
6. Which T.V. shows they should watch?
7. What careers they should pursue?
8. What magazines should they subscribe to?
9. What religion should they follow, if any?
10. Which groups they can relate to in school?

As the group is doing this, have the lone student complete the same questions.

II. After both sides have completed this activity set the following scenario: Set the group up in a circle and put the lone student in the middle, have the group interview this student by asking questions about his/her interests using the 10 rules as guidelines.

After the questioning, have the group determine whether or not the student can enter their group.

III. Now, bring the class together as a whole and discuss the following questions:

- (A) Ask the lone student how he felt being on outside?
- (B) Ask the group how they felt about having the power to admit or deny somebody into a group?
- (C) What are the dangers of being in clubs, or clicks, exclusive groups?
- (D) What are characteristics of healthy groups and unhealthy groups?
- (E) Is it possible to be part of a group and still remain independent?
- (F) What are signs that could help you to realize what groups are positive and what groups are negative?
- (G) Is it hard to stand alone when you feel that everybody else is doing something that you feel is wrong or unhealthy?

IV. **WRAP-UP:** As an example, show a picture of the last supper and ask the class if they think that this group is an example of a healthy group; or bring a picture of any group that you may feel is a healthy group and let the class determine why? The teacher should try to stress the following points: A healthy group is one in which the other members allow you to think and act as you determine. Also, it does not apply over-whelming or even subtle pressures. You should agree with the goals and values that the group represents. Being